

DID YOU KNOW?

KODI MUKUDZIWA?



Our weather service – Zambia Meteorological Department (ZMD) – gives regular updates about what the weather is doing. Utumiki wathu wa nyengo – ZMD – umapereka zosintha nthawi zonse zomwe nyengo ikuchita.



If we know what weather to expect, we can prepare for it! Ngati tidziwa nyengo imene tingayembekezere, tingakonzekere!



The DMMU takes the lead when evacuations are necessary and works with other organisations and community members. Bungwe la DMMU limatsogolera pamene kuchoka kuli kofunikira ndipo amagwira ntchito ndi mabungwe ena ndi mamembala am'deralo.



When we have severe weather, we must also help our neighbours with sight or hearing or mobility challenges or who might be elderly. Pamene tili ndi nyengo yovuta, tiyenera kuthandizanso anansi athu ndi mavuto a maso kapena kumva kapena kuyenda kapena amene angakhale okalamba.

What should you do?

Kodi muyenera kuchitanji?



Expect heavy rain and thunderstorms!
Yembekezerani mvula yambiri ndi mabingu!



Go indoors and avoid being out in the open or under trees. Pitani m'nyumba ndikupewa kukhala kunja poyera kapena pansu pa mitengo.



Stay away from water. Khalani kutali ndi madzi.



Unplug non-essential electrical equipment from the mains. Cotsani zida zamagetsi zamene sidzigwiritsidwa ncito zosafunikira kuchokera ku soketi.



Heavy rain is coming!
Mvula yamphamvu ikubwera!



Keep storm drains and streets clean all the time so that the water will have a place to flow. Sungani mipope yamkuntho ndi misewu yoyera nthawi zonse kuti madzi akhale ndi malo oyenda.



Move to higher ground – and help others, for example those who can't see or hear or move around easily. If you need help, **contact the DMMU toll-free 909**. Pitani kumalo okwera - ndikuthandiza ena, mwachitsanzo omwe sangathe kuwona kapena

kumva kapena kuyenda mosavuta. Ngati mukufuna thandizo, **funsani DMMU mahala 909**.



Avoid low-lying bridges and streams. Pewani milatho yotsika ndi mitsinje.



Expect extremely warm weather!
Yembekezerani nyengo yotentha kwambiri!



Make sure you drink enough water. Onetsetsani kuti mumamwa madzi okwanira.



Ensure that others with mobility challenges have enough water to drink. Onetsetsani kuti ena omwe ali ndi vuto loyenda ali ndi madzi okwanira kumwa.



Make sure that your animals have enough water. Onetsetsani kuti nyama zanu zili ndi madzi okwanira.



Stay in the coolest part of the house or in the shade. Khalani m'mbali yozizira kwambiri ya nyumba kapena mumthunzi.



Wear a hat or take an umbrella if you must go outside. Valani chipewa kapena tengani ambulera ngati muyenera kupita kunja.

For more information, contact: Kuti mudziwe zambiri, funsani:

Zambia Meteorological Department
Ministry of Green Economy and Environment
Phone: (260 954) 755155

Disaster Management and Mitigation Unit
(Office of the Vice President)
Phone: (260 211) 252692

National Emergency Operations Centre – Phone: toll-free/mahala 909